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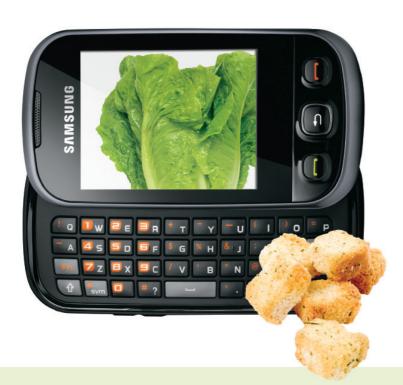
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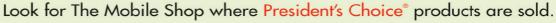




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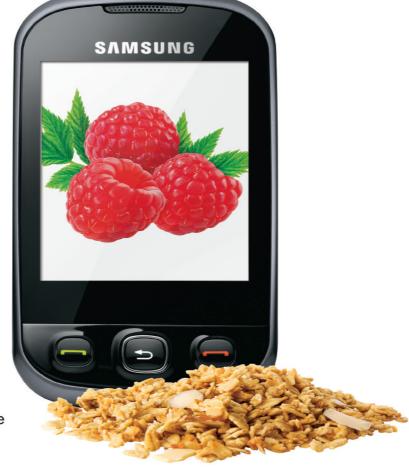
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NEWCOMERS RIDE WAVE OF CHANGE COUNCILLORS-ELECT EYEING GOALS {page 3} NINE YEARS ON, SHE'S STILL COOKIN' MORE GOODIES IN RAY'S LATEST (page 27)



TAIL 'ER
WHO'S BEEN
SPOTTED OUT
WITH SWIFT? {page 17}



metricontrawa et les established et les established

Wednesday, October 27, 2010 www.metronews.ca



News worth sharing

# 'We have to hit the ground running'

O Mayor-elect spent a good portion of yesterday calling members of his new council to congratulate them and to talk about their priorities ○ 'I'm very excited and pumped about the next four years': Watson





Now that the hand shaking, baby kissing and victory party are over, it's time for Jim Watson to get down to work as the new mayor of Ottawa.

So what exactly does Watson have in store for his constituents in the short term?

"Before being sworn into office on Dec. 1, I will have to put together the "I'm very excited about the mix of new and veteran councillors. I think it's going to be very healthy for the city and a golden opportunity to blend the best of both worlds."

MAYOR-ELECT JIM WATSON

mayor's office staff and start getting

briefed on various issues that are going to face our council," Watson said.

"Once that's taken care of, I will work with them to come up with a balanced slate of committees and committee chairs.

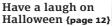
"There's no doubt the biggest priority for me to deal with will be the budget," Watson added.

"We have to hit the ground running on Dec. 1, because the process will have to get underway in terms of public consultation." Metro Travel

# Feel like getting out for a while?

◆ Chicago's about more than deep-dish pizza ◆ An artsy renaissance in Boston ◆ The Travelin' Canadian hits San Diego, and more {pages 18-26}

# Horror flicks so bad they're good





# Twin disasters in Indonesia kill scores

Hundreds missing after volcanic eruption and tsunami {page 7}

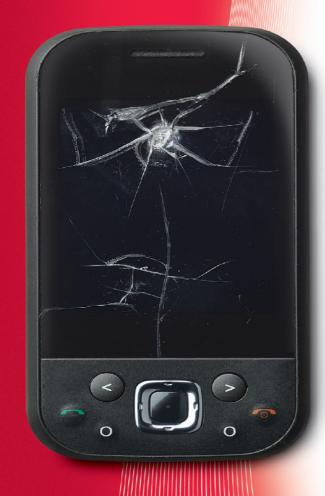
# Chopper buy a big mess: AG

Auditor general blasts Tories' military purchase {page 6}

# Senators crush Coyotes

Alex Kovalev registers 3 points in win {page 31}

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# **High turnout leads to turnover**

Ten new councillors were voted in Monday. This shows that people were looking for a change, said Katherine Graham, professor of public policy and administration at Carleton University. "They got out even in the bad weather, which is a very good thing."

While the voter rate for a municipal election is typically between 30 and 40 per cent, the turnout on Monday was higher than that,

"Several factors can bump it up a bit. This was a pretty hot mayor's race, and the turnover in council seats showed people wanted a change."

The residents of Capital and Bay wards woke up yesterday morning with new leaders in their respective districts

The people have spoken and as a result will have new representation for the next four years with David Chernushenko (Capital) "The residents wanted a return to responsible, respectful government as well as a representative who will respond and react to their needs."

BAY WARD COUNCILLOR-ELECT MARK TAYLOR

and Mark Taylor (Bay) leading the way.

"We had a really effec-

"We had a really effective campaign and was happy that I received support from all across the ward, not just my neighbourhood," said Chernushenko. "I hope the change in mayor and significant number of councillors will mean it's a chance for a fresh start." Over in Bay Ward, Taylor ousted the incumbent Alex Cullen in convincing fashion.

ion.

"We started our campaign in January and took the time to go around the ward and really listen to the people," explained the rookie city councillor.

**●** MIKE BEASLEY AND TRACEY TONG



For more local news, visit metronews.ca/local

# New councillors to implement change

▶ Fleury's campaign hit every door in Rideau-Vanier ◆ Egli plans to set up a series of open houses



It's hard to beat an incumbent, but two councillorselect who pulled it off believe the change will be good for the city.

Election night was a tense time for Beacon-Hill Cyrville Ward councillorelect Tim Tierney, who topped five-term councillor Michel Bellemare by 181 votes.

Councillor-elect for Rideau-Vanier Mathieu Fleury beat incumbent Georges Bedard by less than a percentage point, or 88 votes.

"We knew it would be close, but we were confident because we worked hard," said Fleury. "I'm going to listen and try to represent residents best I "There will be a learning curve, but it will be a good thing."

COUNCILLOR-ELECT TIM TIERNEY

can."

Fleury wants to see council come together as a team and highlight the issues in his ward.

One of the first orders of business for Tierney "will be to give more representation" in Beacon Hill-Cyrville, he said. "That's something that's been lacking."

Keith Egli, who won the council seat vacated by Gord Hunter in Knoxdale-Merivale, said campaigning in a ward without an incumbent is "difficult because you have to stand out from the pack."







Google claims little-known features would ease most user's privacy concerns. Scan code for story.

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- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Allan Small says investor eyes should be on China, not the U.S. Federal Reserve. More at metronews.ca /investing



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COPELAND ROAD

# Children injured as school bus overturns

Four children were injured after a school bus carrying 15 children between the ages of seven and nine years old overturned on Copeland Road near Munster Road

yesterday morning.

Emergency service workers received the call at around 8:25 a.m. and arrived to find all 15 children out of the bus.

An eight-year-old girl suffered a neck injury, while another eightyear-old girl suffered an injury to her ankle. Both are in stable condition in hospital. Two other children suffered minor bruises.

ing the collision. **TRACEY TONG** 

### Cops probe **Shop clerk** swarming stabbed in fight on Rideau

Police said yesterday they A man was stabbed in a are investigating a twostore robbery Monday month-old swarming on night. At 7:45 p.m., a lone Rideau Street. On Aug. 25, male armed with a knife entered a store on Forward a man in his early 30s was standing on Rideau when Avenue and after a brief four suspects approached struggle with the store owner, took an amount of him. One of the suspects grabbed his wallet and cell money from the cash regphone, but the victim ister. The owner received managed to take his wallet stab wounds to the hand. back. The suspects then Police seek a tall, slim proceeded to assault the white male in his 40s. victim. @ METRO METRO

# **Out-of-this-world** talk for school kids



Astronaut donated books to be on display for the public

JOE LOFARO OTTAWA@METRONEWS.CA

Children from Vincent Massey and Pleasant Park public schools got the rare treat of listening to a Canadian astronaut talk yesterday about his six-month expedition aboard the International Space Station.

Robert Thirsk spoke at the Canada Science and Technology Museum where he returned two Governor General's Literary Award-winning books that he brought with him on his 2009 expedition in

"When I was young I had a dream of doing challenging something something challenging and fulfilling, and my dream was to become an astronaut," Thirsk said to about 80 Grade 5 and 6 stu-

"As Canadian astronauts, I think we're responsible for encouraging the next generation to acquire all the necessary skills, including reading and writing, to fulfill their dreams.

ROBERT THIRSK. CANADIAN ASTRONAUT

Excerpts from the books — Airborne by Kenneth Oppel, and Deux pas vers les étoiles by Jean-Rock Gaudreault — were read aloud by their authors to the students and teachers at the museum.





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# Auditor slams Tories' helicopter program

# Report accuses defence planners of misleading Treasury Board

Auditor General Sheila Fraser carpet bombed National Defence and Public Works yesterday for huge cost overruns and delays in the purchase of new military helicopters — but the real damage could be to the Harper government's planned stealth-fighter program.

The auditor's scathing analysis of programs to buy choppers for maritime patrol and army battlefield operations was the highlight of Fraser's fall report, and critics were quick to the plan to spend \$16 billion on the F-35 Lightning

THE CANADIAN PRESS

# **Budget buster**

- Fraser's audit found the total cost of buying 28 Cyclone helicopters to replace the antique Sea King fleet will likely top \$5.7 billion and come in seven years late.
- In 2003, Paul Martin's Liberals pegged the program at \$2.8 billion.

\$2.9B According to Fraser's audit, the final bill for the 15 Chinook battle-field helicopters is expected to be \$4.9 billion — \$2.9 billion more than the initial estimate in 2006.





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# Waiting on Thunder

Today's photo of the day is by Canadian tlml78 and was submit-ted in the emotions category. The photo is titled: Tension (Waiting on Thunder). Enter your photos today and view more pictures at metrophotochallenge.ca.



# **Fewer firearm-related** homicides in '09: Report

A new study says there were fewer firearm-related homicides last year.

Police reported 179 of Canada's 610 homicides

were committed with a firearm in 2009

In 2008 the number was 589

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# **Eruption rocks Indonesia**

# Police and volunteers were shown removing at least 14 ash-covered bodies

A volcanic eruption and a tsunami killed scores of people hundreds of miles apart in Indonesia spasms from the Pacific "Ring of Fire," which spawns disasters from deep within the Earth.

Yesterday's eruption of Mount Merapi killed at

least 18 people, forced thousands to flee down its slopes and spewed burning ash and smoke high into the air on the island of Java.

Meanwhile, off the coast of Sumatra, about 1,300 kilometres west of the volrescuers battled cano, rough seas to reach Indone-

islands, Mentawai where a 10-foot tsunami triggered by an earthquake Monday night swept away hundreds of homes, killing at least 113 villagers, said Mujiharto of the Health Ministry's crisis centre. Up to 500 others are missing.

Scientists have warned

that pressure building beneath Merapi's lava dome could trigger its most powerful explosion in years.

A 2006 eruption at Merapi killed two people, one in 1994 killed 60 people, and a 1930 blast killed

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# Putting the Sony Walkman to bed

The Walkman, the Sony cassette device that forever changed music listening before becoming outdated by digital MP3 players and iPods, has died. It was 31 years old.

Sony announced Monday that it has ceased production of the classic, cassette tape Walkman in Japan, effectively sounding the death knell of the once iconic, now obsolete device

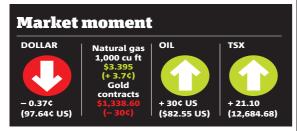
The Walkman is survived by the Discman (still clinging to life) and

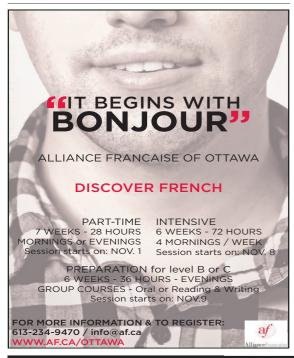


ironic music listeners who think using a Walkman in this day-and-age is charmingly out-of-touch.

It will continue to be produced in China and distributed in the U.S., Europe and some Asian countries.

THE ASSOCIATED PRESS





# Rogers Q3 profits drop by a quarter

▶ Fewer new wireless subscribers as compared to last year ◆ Spent more to retain existing customers

Rogers Communications Inc. profits dropped by 24 per cent in the third quarter as it battled stiffer competition in the wireless market, spending more money on its smartphone customers.

Net income for the giant wireless, cable and media company weakened to \$370 million, or 64 cents per share, in the three month period ended Sept. 30. That's down from \$485 million, or 79 cents per share, in the same period a year ago.

Rogers said yesterday

Rogers said yesterday that heightened competition in the overall market resulted in fewer net subscriber additions of 125,000 to its wireless services, compared with 167,000 in the same quarter last year.

THE CANADIAN PRESS

### **Company profile**

Rogers is Canada's largest wireless provider.

- Brands The company has the Rogers Wireless and Fido brands as well as the talk-and-text brand, Chatr.
- Services Rogers provides cable, Internet, phone, specialty and conventional television services.
- Assets The company owns radio and TV stations, publishes a stable of magazines and owns the Toronto Blue Jays.
- Revenue The wireless division provided more than half of the company's overall operating revenue, at \$1.8 billion. The cable division's revenue was \$1



# Take that, TGV

The efforts to develop China's own ultra highspeed rail technology is a showcase project nearly on a par with the country's space program in terms of national pride and importance. Railway officials recently announced they were working on technology to boost speeds to over 500 km/h.

VESTAS WIND SYSTEMS/THE CANADIAN PRESS

# Thar she blows, Canada

Call it a tale of two continents: the world's biggest maker of wind turbines announced that it will lay off nearly a third of its workforce because of a weak outlook for the European wind energy market in 2011, while Canada is expecting a year of record growth.

Denmark-based Vestas A/S yesterday posted a 24 per cent drop in third-quarter earnings and said it will lay off some 3,000 workers in Denmark and Sweden to adjust to lower demand in

Europe.

But the weaker outlook for European demand is having no impact on optimism on our side of the Atlantic.

Robert Hornung, president of the Canadian Wind Energy Association, said over 1,000 megawatts of new wind energy capacity is expected to be installed in Canada next year — exceeding the record 950 megawatts of capacity that was the control of the canadian press

▶ Many provinces are working to reduce their reliance on polluting sources of energy like coal and are encouraging increased use of clean energy sources like wind.



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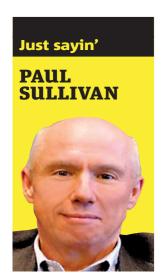
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# DIRTY BUSINESS OF 'GREENWASHING'



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consumer products
make at least one dubious claim about their environmental purity.

Quick, point me to the aisle where they keep the other 4.4 per cent.

It's called "greenwashing" and it's out of control if you believe an environmental marketing firm called TerraChoice.

It's even worse for baby products: 99.2 per cent. These people are picking on infants. If there's a hell, there's a green room just for these guys.

We've seen all this before. Remember, in no particular order:

Non-fat; low cholesterol; vitamin C; low carbs; and the granddaddy of them all, low tar and nicotine cigarettes. They're good for you.

Part of this is wishful thinking on our part. Oh, look, green detergent! The planet is safe!

Mostly, it's opportunistic liars trying to pull a fast one. They'll try anything: Fake labels that make it look as if the product has

been given some green housekeeping seal of approval. Or proudly announce their product is CFC-free. Of course it is. CFCs are banned.

I could go on. The list is endless.

And if that's not bad enough, there's this blogger who is making headlines across the country. Vivian Krause, who has been following the money, says Canadian environmental groups are mere branch plants of giant U.S. foundations that have decided to go to war against the Alberta

oilsands.

We hear from Greenpeace and the Sierra Club, but we don't hear that dozens of Canadian organizations have received millions

from one source, San Franciscobased Tides U.S. And that's only part of a multimillion-dollar effort targeted at the tarsands and pipeline projects by a few huge U.S. foundations.

One whopping grant, \$27.6 million, went to "mobilize First Nations against climate change in B.C." by hiring a co-ordinator

to "engage with government, industry, environmental groups, media and the public regarding the proposed Enbridge Gateway tarsands pipeline." Where do I apply?

Who are these guys and why are they bankrolling Canada's environmental movement? Because it's easier than cleaning up their own backyard? Only Krause seems to know. Look her up at www.fair-questions.com.

My point is simple. Of course we want to save the planet for our children. But we need to trust those who would speak on behalf of our hopes and fears.

There's nothing green about the same old BS.



Read more of Paul Sullivan's columns at metronews.ca/justsaying

# SOMETHING IS NOT RIGHT HERE: PROGRESSIVE WAYOR OF CALGARY MAYOR OF TORONTO

# Panda proliferation

"Mostly, it's

opportunistic

liars trying to

pull a fast one."

# Worth mentioning

China's panda population is booming this year thanks to a record number of births in captivity, a rare accomplishment for the endangered species known for being poor breeders.

The most recent addition — the birth of female twins — brought the total number of births this year to 19, surpassing the record of 18 births in 2006, Tang Chunxiang, an expert at the Wolong Panda reserve in Sichuan province, said vesterday

province, said yesterday. Giant panda "Yo Yo" gave birth to healthy twins at the reserve last week.

Tang attributed this year's record number of



births to better research on panda nutrition, artificial insemination, genetics and creating a more natural habitat for the pandas in which to thrive.

Pandas are threatened by a loss of habitat, poaching and a low

reproduction rate. Females in the wild normally have a cub once every two or three years. Fertility rates of captive giant pandas are even lower, experts say. Only about 1,600 pandas live in the wild, mostly in Sichuan in southwest China. Through artificial insemination, researchers have been able increase the number of pandas in captivity to more than 300— a number experts say should remain steady. THE ASSOCIATED PRESS

Should we get rid of the penny? Why or why not? Email ottawaletters @metronews.ca Twitter @metroottawa

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# Metro Minute at the Science Café

Tonight, get your learn on outside the classroom. Join Carleton earth science Prof. Brian Cousens for a Science Café discussion about how the unique aspects of the Icelandic volcano eruption and western Quebec earthquake touched lives in Ottawa.

The talk, entitled Geological Calamities Near And Far: Icelandic Volcanic Eruptions To Ottawa Earthquakes, will discuss how these global geological events impacted life in Ottawa in 2010.

The discussion, followed by a question-and-answer session, is from 6:30-7:30 p.m. at the Wild Oat Café. The Science Café series

is organized by the faculty of science at Carleton University. • TRACEY TONG





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News in brief



No need for time travel for Michael J. Fox. The actor says he's happy with his life just the way it is

just the way it is.
In fact, Fox says if he could jump in a DeLorean time machine — like his Back to the Future character Marty McFly — and share any advice, he would say "keep doing what you're doing." Fox says the role brought him to where he is now and he "wouldn't want to be anywhere else."
THE ASSOCIATED PRESS





Halloween is a holiday practically designed for horror movie fanatics, but if paralyzing yourself with fear while surrounded by friends, salty snacks, and soda doesn't sound like the ideal way of celebrating the holiday, then fear not.

There is another way. Sometimes it can be just



### Troll 2

This nearly incomprehensible movie about a family terrorized by a group of vegetarian goblins who can be defeated by bologna sandwiches has deservedly become a cult classic.

as entertaining to laugh at an unimaginably bad horror film as it is to be scared by an effective one. With that in mind, we'd like to make a few suggestions for unintentionally comedic horror movies sure to have you giggling like a trick 'r treater on a sugar high this Halloween. PHIL BROWN



# Killer Clowns From Outerspace:

The title says it all. It's physically impossible to have a bad time watching this



### Carny

This direct to DVD circusdemon-on-the-run horror movie may have only been released last year, but earned a spot on the list for its laughable CGI, brutal dialogue ("Mister, you told me that monster was safe."), and a career worst performance from Lou Diamond Philips. There might not be a cult audience for this cinematic toilet just yet, but give it time.



# Ed Wood

The man universally accepted as the worst director of all time deserves a special spot on this list for a career dedicated to z-movie dreck like 1955's Bride Of The Monster. His cinematic failures have proven to last longer than many successes from his era thanks to Wood's charming combination of undeterred confidence. determination, and a vacuum of talent. Cardboard gravestones, flying saucers hanging from strings, transvestites, and Bela Lugosi. Ed Wood movies have it all.



# Troma

Finally, if you can't decide on a specific terrible title, you can't go wrong with anything from schlock-master Lloyd Kaufman's trash factory Troma Entertainment. Everything this company has released would fit the bill from The Toxic Avenger to Killer Condom or even the South Park creators' film debut Cannibal: The Musical. No one has more fun lowering the bar than Uncle Lloyd.



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# So you think you can improve ratings?

So You Think You Can Dance will undergo another format overhaul after disappointing ratings over the summer, says Mary Murphy, the high-octane ballroom expert who served as guest judge and choreographer on the U.S. reality series.

Murphy, who also appeared as a guest judge on the Canadian version of the dance competition, says last season's decision to incorporate all-star dancers into weekly routines did not entirely resonate with audiences.

"Ratings did drop in the States this last season and so they're going to make changes," Murphy said backstage at So You Think You Can Dance Canada, which crowned ballroom dancer Denys Drozdyuk the winner Sunday.

"We're probably going back to the way that we used to do it and they're going to keep the all-stars as well, so they're going to do half of the show the way it used to be done and the later half of the show with the all-stars. How that's going to work out, exactly, I'm not sure yet because does that mean we increase the season if we start off with 20 dancers? Or we may be kicking more dancers off than one couple at a time. So it'll be very interesting to see how that plays."

Last spring, series creator Nigel Lythgoe announced a slew of changes that included a Top 10 instead of a Top 20, one weekly elimination instead of two, and a pool of ex-So You Think You Can Dance all-stars to serve as partners.

Murphy says she felt the change took away some of the drama that emerges ► Mary Murphy

when novice dancers tackle a genre they're unfamiliar with.

iar with.

"Everybody knew they had somebody that was a pro in that division, someone that they can go home and practice with and know that they know what they're talking about," she says.

says.
"When you get two different styles together and then they draw another

The Top 10 of Anything, Anywhere!

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style that they know nothing of, we're all sitting at home and we're sitting there as judges going, 'Oh my gosh, this might be a train wreck!' ... But when they do it halfway good you're like, all fired up over it. We didn't have that this season."

Murphy says she suspects audiences missed seeing dancers "really challenged" from the beginning, adding that "it makes for a bigger journey" when dancers pull off a new dance style without an expert's help.

Fox has ordered an eighth season of "So You Think You Can Dance," and auditions began earlier this month in California.

Last season's winner, Lauren Froderman, danced off with a \$250,000 cash prize.

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# Plea for innocence ends Swedish trio

• The Girl Who Kicked the Hornet's Nest is the last film in Stieg Larsson's Millennium Triology Audiences await David Fincher's Hollywood remake

The release of The Girl was unfamiliar with the Who Kicked The Hornet's Nest signals the end of Stieg Larsson's Millennium Trilogy in cinemas (at least until David Fincher's Hollywood remake). It would have been impossible to predict that the story of a computer hacker and a renegade magazine editor solving Swedish sex crimes would become a worldwide phenomenon, but the series has struck a chord with seemingly all audiences. Actor Michael Nyqvist was an award-winning star in Sweden before taking on the role of Millennium editor Mikael Blomkvist. Now his celebrity is international, and he's currently playing the villain in Mission Impossible 4.

Surprisingly. Nyavist

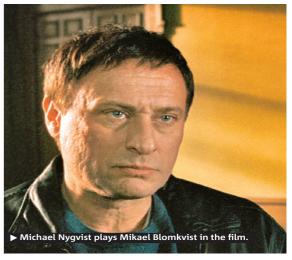


Larsson's novels before taking on the films. "Everybody had read the books, so I thought, 'OK, it's like the Da Vinci Code; I'm never going to.' I'm a snob," the actor joked with Metro. "Once the director told me the story I ran home and read the books in three days. I knew they would make the very good

films immediately." The actor spent a year shooting all three movies consecutively, an experience unlike anything in his 30-year-career. "I was 30-year-career. afraid in the beginning because I'd never done that before," admitted Nyqvist. "In the past when I played a tragic role, I would do a comedic one right away. I was always looking for something different. But the whole idea with this project was to go through a marathon. It was very strange, but satisfying."

Adapting novels that were already global hits carries with it a great deal of pressure. However, Nyqvist is quick to ac-knowledge that everyone involved knew they had to ignore that to avoid being crushed by expectations.

ing I found out that 50 million people had read the books like a plague taking over the whole world," recalled Nyqvist. were 50 million films in the heads of readers out there and we couldn't try to make those films."







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# Walking to the same beat as her parents

Willow Smith first entered the limelight three years ago, playing the daughter of her father's character in the blockbuster movie I Am Legend. At that time, it seemed as if she would follow in the acting footsteps of her parents, much like her brother, Jaden, who earlier this year had his own smash movie with the remake of The Karate Kid.

But Willow was more influenced by her parents' musical careers: Will Smith is a Grammy winner who got his start rapping, and Jada Pinkett Smith has toured the country as part of a metal band.

of a metal band.
"I would go on tour with them and watch them and I'd be like, 'Oh my gosh, that's what I wanna do,'" she said.

Willow said she decided not to wait to pursue her musical career until she got older — say, as a teenager.

"I wanted to make a difference now, (and) because I wanted to be big and famous like my mommy and daddy and help people," she said.

Willow describes her style as "punk rock meets preppy" and said her musical idols include Billy Idol -"his music is really tight," she explains — and Lady Gaga.

Willow said she wants her music to help everyone to follow his or her own path, "to be individuals and do what they think is good and just be themselves."

And that's the advice her parents gave her. "They said never be afraid to be yourself," she said, "even when you're in the spotlight."

THE ASSOCIATED PRESS



Hair. The song debuted on iTunes yesterday.

Mick Jagger, left, and Keith Richards of The Rolling Stones at a screening of their documentary, Stones In Exile. Richards says the Rolling Stones almost imploded because Mick Jagger thought he was "bigger than the Stones." The pair's stormy relationship is described in Richards' memoir Life, published next week.

# The ultimate Richards album

● Memoir has received a rave 'achingly, emotionally direct' from The New York Times ● Documents street brawling and drug busts to true romance

Nearly 30 years after Mick Jagger gave up on writing a memoir, alleging he had forgotten everything, Keith Richards has emerged as a bestselling author who seems to have retained it all.

Co-written by journalist and White Mischief author James Fox, Life topped the bestseller list on Amazon.com even before publication yesterday.

It is a firsthand journey from wartime London through the wilder parts of the 1960s and 1970s and beyond.

Richards was born east of London, in Dartford, in

1943. The Nazis were dropping bombs at the time, his mother told him. "That was evidence that Hitler was on my trail," Richards writes.

He remembers "landscapes of rubble," bombedout streets and beatings in the schoolyard. His father, was often away.

was often away.

He was a choir boy crushed at age 13 when his voice changed and his talents were no longer needed. "It still rankles, that humiliation. It still hasn't gone out, that fire," he writes. "That's when I realized there's bigger bullies than just bullies. There's

them, the authorities." Rock 'n' roll, he likes to

say, changed the world from black and white to Technicolor. On the radio, Elvis Presley, Jerry Lee Lewis and Chuck Berry were shouts from a party he was dying to join. On paper, he found a lonely, fictional soulmate in Holden Caulfield of The Catcher in the Rye.

"It just opened me up, just, wow," Richards says of J.D. Salinger's novel. "A kid from another country, and a certain sense that the emotions were pretty much universal. You could feel just as disconnected in

Iowa or New York as you can in Berlin or London or anywhere else"

In 1961, he was on a train and ran into Mick Jagger, a childhood acquaintance from the cleaner side of town, Posh Town. Jagger was carrying rock and blues albums under his arms; a musical bond was born. Mick liked to sing. Keith could play. By 1962, the Rolling Stones were a working band, by 1963, a live sensation, and by the mid-1960s, international outlaws, the dark side of their friends and rivals the Beatles.

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# Simpson happy with new BF

Jessica Simpson is totally smitten with new boyfriend Eric Johnson, and she wants everyone to know about it.

"He definitely makes me very happy. He brings out a lot of light in me and makes me very comfortable being who I am," she tells USA Today.

And though she's been divorced once before, she hasn't been put off tying the knot completely.

'I am from the South so I've definitely dreamed of being married my whole life and having children, so hopefully that's in my future," she says.

# Hangover snub makes **Mel mad**

Mel Gibson is reportedly furious about being dropped from his cameo role in The Hangover 2 and replaced by Liam Neeson, according to Page Six.

"Mel doesn't understand why Mike Tyson, a drug user who turned his life around, was given a chance while Mel was kicked to the curb," a source says. "Everybody deserves a second chance."

# Taylor, Jake seen in NYC together

Songstress and Brokeback Mountain actor showed up at SNL • Then seen the next day having brunch

Taylor Swift has reportedly been getting cozy with Jake Gyllenhaal while in New York, showing up at Saturday Night Live together last weekend to cheer on pal Emma Stone, according to People maga-

"They walked around together backstage, but they were careful not to be seen too close.

"It was hard to tell if they were together, but everyone was shocked that she brought him," a source says, adding that they were spotted in Brooklyn the next morning having brunch with couple another and strolling around neighbourhood.

METRO



# **Lohan to send Dad away**

After previously being denied entry, Michael Lohan may finally get his wish of visiting daughter Lindsay Lohan at the Betty Ford Center — although he may not like the results. Sources tell Radar On-

line Lindsay is inviting her dad in just to tell him to go away.

"It's gotten to the point

where Lindsay told Dina 'Mommy, maybe I should just let him see me because then he'll go away and he'll stop,'" a source says. 🌑 metro



# Carey to have a boy, sources say

Speculation about Mariah pregnancy has reached a fever pitch, with sources now telling HollyBaby that not only is the singer expecting, but she already knows the baby's sex.
"She's having a boy,

but the reason that Mari-

ah didn't want to say anything is because she is 40, and she's superstitious,' the source says.

"But she's going to appear on Oprah and The View, so she's planning on making the announcement soon.

METRO

# **Celebrity tweets**



William Shatner [@William Shatner] Don't get in a

1500lb pumpkin. When you emerge you'll be out of your gourd. My best, Bill



Sarah Silverman [@SarahK I'm starting a

campaign called Naps for Jesus. So basically every time I take a nap, it'll be for Jesus.



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### Travel in brief



National Geographic Traveler magazine has selected Newfoundland's Avalon Peninsula as its top rated coastal destination. The magazine's November issue says the peninsula, is a "blus-tery realm" that is home to "brightly painted fishing villages and the lively city of St. John's. It says visiting the Avalon is "like going back in time — close knit communities, a strong local culture reflected in music and art, and unspoiled scenery." THE CANADIAN PRESS



networks to attract visitors

**○** In the words of the song, the Windy City has razzmatazz and all that jazz • But it's the restaurants that have travellers singing its praises





# It's your kind of food town, Chicago



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So you're visiting Chicago and a meal at just any American food chain won't do? Okay, here are five of the most unique restaurants Chicago offers.

# Deep-dish pizza

There's no going to Chicago without a deep-Every dish pizza. Chicagoan has their favourite, but you can't go wrong with these classic spots: Pizzeria Uno or Due, Lou Malnati's, Giordano's

Pizza, Pequod's Pizza or Gino's East. Be prepared to wait in line during peak times or order ahead for pickup. Dinner for two: \$30-40 with drinks.

### **Publican Restaurant**

One of the hippest new spots in Chicago, is an ode to local foods. It's busy day and night — offering a great drinks menu, daily specials and staples such as spicy pork rinds served in a giant cone; a plate of aged ham with samples from Spain, Iowa and Virginia; creamy, crispy



fried sweetbreads; or a pig's head. Order a lot and share with friends Dinner for two: \$100 with drinks.

This is no regular hot dog

place. Any time during opening hours, there's a one-hour lineup around the building. The menu offers more than a dozen of the wildest hot dogs such as a foie gras and sauternes duck sausage dog; a spicy Thai chicken sausage; blue cheese pork sausage; smoked shrimp and pork sausage; or the Game of the Week dog with meats like crocodile and ostrich. Meal for two: \$30 with drinks.

# Frontera Grill

One of the city's best-loved

restaurants for its creamy guacamoles, refreshing ceviches and grilled meats. Meal for two: \$100 with drinks.

### Vie Restaurant

It is in the small town of Western Springs, a 30minute train ride from downtown. Chef Paul Virant uses ingredients from local farms to create some of the most inventive dishes in the Chicago area. A meal here is around \$150 for dinner for two — but its a steal because of the quality of the food.



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WEDNESDAY, OCTOBER 27, 2010

19



# No looking back for this historic tourist mecca

Boston's art colony is a real-life adventure for visitorsNot bad for an area that once was a swamp

Fort Point Channel was once nothing but swampland and tidal marsh.

In the 19th century, it became an industrial centre, warehousing wool from around New England.

Today, the 22-hectare landmark district abutting South Boston has reinvented itself as an artists' colony, complete with lofts, studios, galleries and museums.

Many of them are located in the distinctive red-and-yellow brick-and-granite buildings that once housed factories.

The revitalization of Fort Point Channel, located near South Station, has brought trendy restaurants, bars and of course tourists, making the neighbourhood a new destination with a long history that even includes a connection to the Tea Party—the original one, that is, from 1773.

Sue and Bob Schmidt, exploring the neighbourhood on a visit from Chica-

### Not kids' stuff

The Boston Children's Museum is one of Fort Point Channel's prime attractions.

- The museum offers interactive, hands-on and creative exhibits, including a three-storey climbing structure made up of curved platforms rising up a glass lobby with a panoramic view of downtown Boston.
- "It's pretty vibrant and I like the way it's integrated into the port. You can see out," said Madeline LaPlante, 24, visiting from Indianapolis.

go, sat in a waterfront plaza in the area sipping coffee as a couple of pigeons pecked on crumbs under their table and seagulls perched on a nearby railing.

"People are very friendly and everything is quaint and easily accessible," Sue said.

Fort Point Channel's transition from industrial to up-and-coming has taken place over the past three decades.

About 300 artists live in the area, one of the highest concentrations in New England, said Gabrielle Schaffner of Fort Point Arts Community, a non-profit group run by members of the neighbourhood creative community.

ative community.
The artists hold open houses during the Fort Point Open Studios weekend, drawing thousands of visitors twice a year.

In the works for 2012 is a \$25-million museum and three replica ships commemorating the Boston Tea Party, when colonists disguised as Indians stormed a British ship and dumped crates of tea into the water to protest taxes. Historians believe the

Historians believe the episode took place in Fort Point Channel

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# Little piece of history take

◆ Visitors flocking to experience carrier life at USS Midway museum in San Diego ◆ Put on headphones to experience

The Midway - America's 41st fighting, floating airport — zapped fighter jets off its steam catapults and trapped 'em with its tailhooks for 47 years before it was mothballed, retired to a pier in San Diego Bay transformed into one of the world's great muse-

Standing on Midway's windswept flight deck in the morning sun, with the city skyline to the east and the USS Ronald Reagan carrier chugging out to sea to the west, the pilotturned-tour-guide ties into a knot of tourists.

a knot of tourists.
The USS Midway,
walking distance
from downtown
San Diego, is a
floating city
of 4,500
that took that took seas

shortly after the Second World War and served around the world until decommissioned in 1992.
It was active in the Viet-

nam conflict and in 1975 took in planes ferrying U.S. citizens and refugees fleeing South Vietnam, ahead of its North Vietnamese occupiers.

In 1990, fighters flew off its deck in Operation Desert Storm

opened its doors as a

tourist attraction.
Today, visitors head up the gangway, put on headphones and walk the decks on a personal, self-directed audio tour.

the

deck and in the hangar there are 25 restored aircraft: a

On

flight

an F-4 Phantom, an F-18

Those who walk to the bow can examine the steam-assisted catapults that zapped the planes in-

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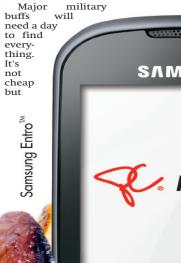
the air. Put the family car on the catapult, says the audio narrator, and it would launch it almost a kilometre out to sea. Former Midway sailors

answer questions, tell stories and escort groups of tourists up the narrow stairs to the control tower

and airmen are on hand to

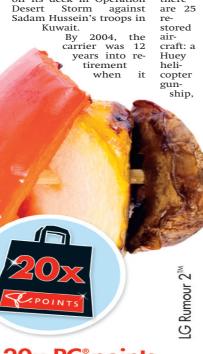
and bridge. Those

with even casual interest will need a few hours to take it all in.









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### **Need to know**

What you need to know for your day trip

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- Kids Toddlers and young ones can come but strollers quickly bog down in the welter of tiny hallways and rooms.
- Gets busy The best bet is to go early and zip up to the flight deck to take a tour of the bridge and control tower before it gets
- Tight on time? Just tour the flight deck, see the jets and enjoy the views of the city and the harbour.



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# • The old vision of the city has been swept away • The new San Diego is a bustling metropolis

# THE TRAVELIN' CANADIAN

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the days when Diego meant brief visit to

a world fa-mous zoo, or a sunny respite for day trippers on the way to Tijuana Mexico.

The city is bustling with more and more Canadian tourists or snowbirds lately, mainly because there is a heck of a lot more to do, than just work on the old

## San Diego



Other Cool Things to Do in San Diego:

Take Your Catch to Sea Rocket Bistro One of many great downtown

For instance a measly 60 bucks Canadian, buys you an opportunity to join restaurants serving all local ingredients from local fishermen and farmers. The trendy environment features funky cardboard fish décor, and yes, if you catch it, they'll cook it for Eat A Live Sea Urchin at

the Farmer's Market Locate ed in the heart of the city's Little Italy, this weekly crowded market is full of sustainable delicacies, including live sea urchin. It's a bit hard to swallow, but actually tastes like, you guessed it, the ocean.

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Harbour where Diego you're sure to snag some-

thing.

I barely dropped my line when that epic battle between man and fish be-

After much struggling, I did end up reeling a couple of whoppers.

Actually, they turned out to be a couple of 12 inch cod, but what's a fish story without gross exaggeration?

For the more adventurous there's big yellow tail, sea bass and even shark to be caught.

If angling isn't your cup of tea, it's worth the ten bucks an hour just for the stunning views of downtown, nearby Coronato,

and even Tijuana from way out on the open water. It should be said, these

are big boats, with a lot of amateur anglers trying their luck in close proximity to each other so expect a few snags and crossed lines which is all part of the fun, if it's not your equipment that is.

San Diego is home to the largest naval base on the west coast, so hulking ships in the area are a dime a dozen.

It's a bit surreal to be baiting your hook, while huge grey battle ships loaded with sailors on drill drift by just a few hundred yards in the background.

Think I'd rather be fishing.

# Pet-friendly destinations

# What you need to know when travelling with your dog • Make sure to plan ahead before leaving



Do you shake with excitement when you think about taking your pet on vacation with you this win-

It's possible, but with extra care and lots of time to plan ahead.

Websites such DogFriendly.com prepare databases of hotels, resorts and cities that will be best fit for your animal.

In fact, this site publishes an annual top 10 most dog-friendly cities, deter-mined by a staff of researchers

"The criteria is the quality of the accommodations, beaches, parks, at-tractions, dining, stores and other things to do with your dog," says co-editor Len Kain, who believes that the site also can help with cats, birds and maybe even snakes.

But according to Kain, dogs are about 85 per cent of the travelling animals, at least in the U.S.

And while in planning

mode, there are certain safety precautions to take

"You have to watch for extreme temperatures," he says, as with fur, dogs can dehydrate quickly.

"You also want to look for outdoor places, be-cause that's where the dog is most likely to be allowed to go to."

For travelling procedures, you should check on the weight limits and rates for your pet with a transportation service or accommodations.

Also, make sure they've



received the proper health care, including shots, especially if travelling to countries such as Mexico.

"There are a lot of parasites that aren't really in the U.S. and Canada that you have to watch for,"

says Kain. the much 'With warmer climate and it's not as well kept.

### Destinations

Here are five warm petfriendly U.S. destinations. With each, there are plenty of hotels, parks and restaurants with outdoor patios:

- San Diego, California Visit the dog beach in Ocean Beach or Fiesta Island in Mission Bay, Shop through Horton Plaza Shopping Centre.
- Austin, Texas Admire the Zilker Botanical Gardens. Visit an array of off-leash dog parks.
- San Francisco, California View the Golden Gate Bridge from Baker Beach or Golden Gate Park.
- Orlando, Florida Visit the Winter Park shopping district. Go on a Big Toho Airboat Ride.
- St. Augustine, Florida Check out the Fountain of Youth park or take a ride on the Scenic Cruise.

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# Jamaica

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Travel Nov 9 - Nov 19/ts	+ taxes & fees \$373
Cancun	\$ 49
Travel Nov 22 - Nov 29/ts	+ taxes & fees \$271
Vancouver	one-way \$ 185
Travel Nov 3/ac	+ taxes & fees \$75
New York	\$289
Travel Dec I - Dec 7/ac	+ taxes & fees \$130
London	\$489
Travel Dec I - Dec 8/dl	+ taxes & fees \$471
Costa Rica	\$ <b>599</b>
Travel Dec I - Dec 8/aa	+ taxes & fees \$354
Honolulu	\$6 8
Travel Nov 25 - Dec 2/ws	+ taxes & fees \$127
Tokyo Travel Jan 18 - Jan 31/ua	<b>\$799</b> + taxes & fees \$338
Buenos Aires	\$839*
Travel Dec I - Dec 6/dl	+ taxes & fees \$275
Hong Kong	\$ <b>889</b>
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Travel Dec I - Dec 9/sa	+ taxes & fees \$504

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INCLUDES French Quarter accom during the first
week of Mardi Gras. Departs Feb 28/ggv/ws.

Prague Air + 7 Nights INCLUDES central accom close to Old Town Square. Departs Feb 15/ggv/kl.

Maui Family Special Air + 7 Nights
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# It's time to ski ... in October

Maine's Sunday River says its snowmaking system has enabled it to open some terrain, allowing it to stake a claim as the first U.S. ski resort to open.

Sunday River opened its black-diamond T2 trail after 19 hours of continu-

ous snowmaking. Spokesperson Darcy Liberty says about 12 skiers, who were mostly employees, were waiting to make the run.

THE ASSOCIATED PRESS

HOCKEY STARS

# **Back in** the saddle again

Ex-NHLers Darryl Sittler, Brad Marsh and Rick Vaive will be on horseback in a new event dubbed horse hockey at this year's Royal Agricultural Winter Fair in Toronto.

It's a combination of hockey and polo, and involves nets, two teams of riders and a ball instead

of a puck. Also new is a cattle herding competition with hockey celebs Wendel Clark and Hayley Wickenheiser.

Besides the fair's usual attractions — livestock barns, horse shows and giant-vegetable competitions — there will also be evening rock concerts showcasing Canadian bands.

Now in its 88th year, the Royal Agricultural Winter Fair is billed as the world's largest combined indoor agricultural and equestrian show. It runs from Nov. 5 to 14. THE CANADIAN PRESS

# **Make travelling** with children a pain-free trip

• How to avoid temper tantrums and delays on your vacation Deing prepared is always the best advice



JESSICA LEWIS TRAVEL@METRONEWS.CA

Having heartwarming pictures of little Susie and John in front of a gorgeous landscape or city skyline is priceless, but getting them there can cost you a lot of energy. Here are some tips to make your trip run more smoothly.

Make sure your child has the proper travel documents. If travelling abroad, they need a passport. For any kind of travel, they might also need their birth certificate showing the names of both parents. Or if they are with one parent, they need a consent

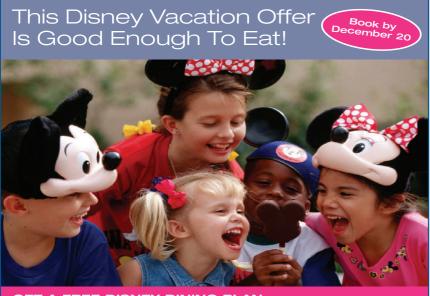


letter from the other or a death certificate. Websites such as Passport Canada have more information.

Whether you're opting for planes, trains or automobiles, keeping a child content can be a chore. According to Jamie Pearson, publisher of the award-winning website Travel-SavvyMom.com, a lot can keep your children content and entertained.

"For flights with young kids, bring a bag of inexpensive toys that they've never seen before," she says. "For road trips, buy a selection of children's audio books or (loan) from your local library. You'll be surprised how the miles fly by when everyone is transported by a well-told story.'

Pearson also recommends bringing a portable DVD player and an iPhone or iPad with kid-friendly apps.



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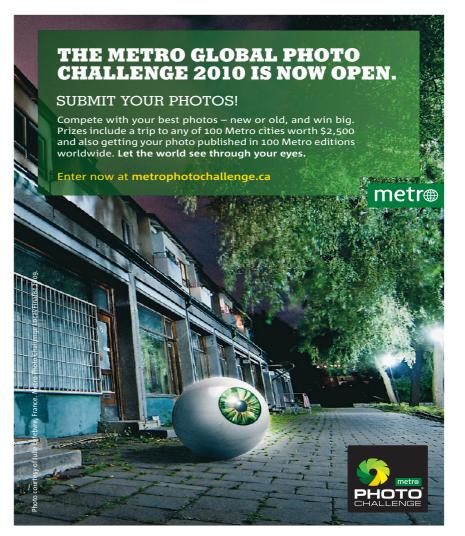
Ottawa Departures. Bixeny Offer valid for travel Oct 1-7, Oct 22-28, Nov 12-18, Nov 27-Dec 2, Dec 10-21, 2010; Jan 1-5, Jan 9-13, Jan 21- Feb 3, Feb 11-17, Feb 25-Mar 3, May 27-Jun 2, Aug 19-Sep 29, 2011. The number of rooms allocated for this offer is limited. Tickets are for one theme park per day and must be used within 14 days of 1st use. No argument of the other discounts apply. Excludes a clorible beverages and gratuitles. Children 3-9 must choose from the children are winer. As to Disney artwork, logos and properties: ©Disney, Flights are from Ottawa via Air Transat of Canjet. Prices shown are per person, based on double occupancy. Prices available at press time and valid for new individual bookings made Cobber 27, 2010. Taxes and traver letted fees are additional as noted ashore. For full terms and conditions refer the Transats Individual off to rever individual to 10-24 security. But 50, Montrals (2010-24) (2011-2

Prices excluding \$3.50/\$1000 of travel services for the clients' contribution to the "Fonds d'indemnisation des clients des agents de voyages" (Indemnity Fund).

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# Your trip starts here

2 our first taste of sunny Jamaica may just be Montego Bay. One of the island's top 'launch points' for tours and shopping trips, Montego Bay is also home to Sangster International Airport. Which means, from the moment you touch down on Jamaica's north coast, you'll know nothing in the nation is far from reach.

And there's a lot to do in Jamaica. Tourism is the country's number one industry; hospitality is a national tradition and variety

is everything—the island boasts more than 150 attractions, many of them easily accessible from your beach-fronted, mountain-backed rooms in Montego Bay.

You can take it easy if you want. Many a tourist has relaxed with a horseback ride along the sea (or in it); they've traversed Jamaica's splendid rivers in tubes, kayaks or guided rafts; snorkeled and dived; strolled its plantations and parks, apprehended its waterfalls, all within comfortable distance of a hotel area. Montego Bay is also one of the world's foremost destinations for golf.

But Montego Bay's also your gateway to big

Bicycle Tour's your real speed: riding downhill while taking in Jamaica's best mountain views. You can rent an ATV or dune buggy and see the island that way, too. A 4x4 jeep can get you a close look at Jamaica's forests. And if you're really up for a good time, try a guided 'canopy tour'crossing between platforms suspended among the trees through a system of pulleys on horizontal cables.

These trips are a great way to spend your energy, but they needn't bring your day to an end. Many of the area's resorts offer

unique amenities only steps from your door. If you're staying at Sunset Jamaica Grande Resort, for example, you can regain your speed with a trip down one of the property's two 18-m (60-ft) tall water slides. The enclosed slide ends in a swimming pool; the open slide deposits you right in the Caribbean Sea. For a more adult-oriented evening, plan a stay at Secrets St. James, with its nightly themed parties, live entertainment, and oceanfront bars. Pool and beach wait-service included, of course.

Nothing's too far away in Montego Bay

Photos: Jamaica Tourist Board

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Ask for package code: **GK7**.

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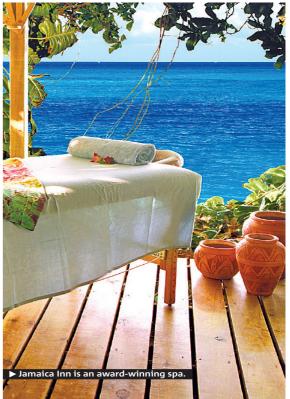
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\*\*Tickets are for one Theme Park per day and must be used within 14 days of first use. Excludes gratuities and alcohol. Children age 3-9 must order from the children's menu if available. Some Table-service restaurants may have limited or no availability at time of package purchase.

Walt Disney Travel Company CST# 1022229-50 RST-09-13748 ©Disney



# Putting the 'ahh' in spa

▶ Jamaica Inn provides a look at how the island should be seen



Sitting comfortably on the outdoor verandah at Ki-Yara Ocean Spa it's hard to know which is more refreshing: The Ambrosia cocktail spa director Carolyn Jobson is handing me, or Jobson herself.

Too often in spas you'll find staff trying a little too hard to set the mood. From the sterile white walls and minimalist furniture to the battery of products with names you (and often they) can hardly pronounce, spas often overdo it. Not here.

As I sip on the lemongrass, fresh lime (from trees on the property) and iced tea concoction that has been only slightly sweetened with brown sugar, Jobson settles comfortably onto a chair across from me, running her hand through her hair and training her gaze in the same direction as mine: past the trees, over the rocks and out over Cutlass Bay.

Bay.

The soft lilt of reggae music filters through the trees and across the water from a neighbouring re-

## Jamaica Inn

What you need to know

Costs Rates start at \$252 (U.S.) per night in the low season and can go as high as \$1,570 per night for cottages. Children over the age of 10 are permitted in certain seasons.

sort

No stress, no pretense, no fuss. No need.

This is Jamaica: The ambience creates itself. It is in this oasis of calm that the Jamaica Inn's tiny spa exists

The award-winning hotel — Condé Nast Traveler, Travel + Leisure, Readers Choice, World Travel Awards and more — was built in 1950 and has been nabbing accolades ever since. Part of the attraction is the stunning collection of 47 suites and six twobedroom cottages spread over 2 1/2 hectares of land. But most exciting is the fact that on this island that has become synonymous with massive all-inclusive facilities, the inn is a reminder of the way Jamaica could have been.

# Ray keeps stirring the pot

# Nine years after she emerged as a Food Network personality, Rachael Ray shows no signs of slowing

It's a bit of this and a dash of that that makes Rachael Ray's daytime talk show.

On a recent day of back-to-back tapings, she cooked up a chicken-and-porcini shepherd's pie, chatted with Harry Hamlin and Lisa Rinna about marriage and squeezed in plugs for other parts of her lifestyle empire:

The new cooking show, the new cookbook and the Thanksgiving issue of her magazine.

Nine years after breaking out as a Food Network

### Down to earth

Despite her fame, Ray shows few signs of celebrity-style vanity. She casually tells her studio audience her age and she eats one of her on-air creations, a spinach and egg noodle casserole, with her fingers. personality, Ray is an established star who still keeps stirring the pot. She has 18 cookbooks

She has 18 cookbooks and an iPhone app. But mostly she has her TV shows. In ad-

shows. In addition to her talk show, her original 30 Minute Meals is still in production, as is the new Rachael Ray's Week in a Day on the Cooking

It all adds up to more than 1,300 hours of television since 2001 — or almost two months' worth of around-the-clock Rachael and her exclamations of "Yum-O!"

Repetition clearly hasn't dimmed her enthusiasm. On a recent day of filming at a Manhattan studio made to look like an urban loft, she segued breezily from cooking dishes to dishing about Dancing with the Stars. Young aides in Tshirts printed with "Yuma-

shirts printed with "YumO" and "EVOO"
bustled during
breaks to prep the
kitchen set. The pace
never slowed, even
after a broken boot
heel forced Ray to
hobble around.

"I'm 42 and I feel healthier than I did 10 years ago," she said. "Maybe 52, I'll

have more energy than 42."
Ray debuted on the Food
Network with 30-Minute
Meals in 2001. Viewers
warmed to the unpretentious daughter of parents
who ran several familystyle restaurants on Cape
Cod, Mass., before she
moved to upstate New
York

The self-described



"pound puppy" used timesaving ingredients like canned corn. Her food was tasty but not snooty.

Her everywoman appeal was fresh for food TV back then, when the biggest stars were professional chefs like Emeril and reality shows based on the perils of cupcake bakers were still a way off.

Her new cookbook, Rachael Ray's Look + Cook, is loaded with pictures and friendly to visual learners. Buyers of the book also will have access to exclusive web videos of Ray cooking the dishes. The videos will

show that, yes, her meals really can be made in 30 minutes.

But in the end, she insists that it's not really work for her: "I get to do what I would do on a day off from any other job," she

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# Taking it home

# • Half of Canadians want the option to work from home, poll suggests



With summer vacation memories fading in the face of winter's frozen approach, 53 per cent of Canadian workers want a work-from-home option to avoid long commutes and increase productivity, according to a recent Workopolis survey.

Andrea Garson, vicepresident of human resources, says giving employees the option to work from home one or two days a week can boost morale, increase produc-tivity and reduce environmental impact.

"It helps people get a sense that they're more in control of their lives," she says from Halifax.

The call for change is driven by technological advances that have made work-from-home more

# Five Tips

- ▶ 1. Employees should treat the home office as a regular office. No personal visits, no domestic chores. TD Bank employee Joan Goodman says if you wouldn't do it at the head office, don't do it at the home office.
- 2. Pick the right tasks.

feasible and vounger workers who tend to be against long hours at the office in favour of a better work-life balance, Garson says.
"To be competitive in

this marketplace, (companies) are going to have to start offering work-fromhome," says Garson, who works from home on Wednesdays. She suggests employees shouldn't expect the option from the start, but both sides have Goodman says projects requiring quiet concentration are best, but those requiring group meetings are not ideal.

3. Keep open communications. Phone, email, instant messaging and Skype can all be deployed to keep a remote employee in close touch with the

to first build up trust.

Peter McAdam, vice-president of employee experience at TD Bank, says working from home is part of its range of flex options. A small number of staff are exclusively based at a home office, but a more common pattern is to work at the office some of the week and from home the rest.

"Like other employers, we're looking to respond to our changing work-

- 4. Employers should create a work-from-home program so staff can apply for it in a transparent fashion, not on an ad-hoc basis.
- 5. Both sides should mix home days with office days to maintain corporate culture.

force," he says. To get the top talent, especially the top young talent, TD needs to offer the most flexible work packages, he says.

Just knowing the workfrom-home option is available improves morale, even if workers don't take it up, McAdam says. "There are a lot of business wins," he says.

Joan Goodman, an executive with TD Bank, works three days a week at the Toronto office and one day



week at her Oakville, nt., home. "The advan-Ont., home. tage for me is not having to commute, being around when my kids gets home from school and I also find it incredibly productive," she says. It has also allowed TD to retain a valued employee, rather than lose her because of rigid policies

"I think some people are better at work-fromhome than others and it's something I learned. You have to treat it as a work day." IOAN GOODMAN

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# Take learning out of the classroom



Sometimes what you learn outside of the classroom is just as important as what you learn within it.

While the meaty parts of knowledge often take root in the lecture hall, extracurricular activities not only help you learn crucial life skills but also can make you a more appealing hire.

Post-secondary institutions are also interested in extra-curricular activities because they want to invite students who've shown they are more likely to suc-

"Don't think of it in terms of getting into university, think of it in terms of skills we all need to be successful in life. Things like being able to work in a team, leadership, those are skills that will serve you well and they're the kinds of things we look for in the admissions process," said Andrew Arida, associate director of enrolment at the University of British Co-



Meg O'Mahony, a high school biology teacher at the University of Toronto Schools (UTS), has helped students from her Grade 10 and 11 classes get involved in the Canon Envirothon competition in order to give them experience in the way real-world issues are dealt with.

The extra-curricular program is one of North America's largest high school environmental competitions which challenges stutheir dents on problem-solving. teamwork and knowledge skills to deal with problems like a groundwater shortage or long-term river erosion.

"It's a good resume thing but I also see some nice changes in the students themselves. Good general learning in terms of problem solving is the best kind of experience you can get. It's phenomenal what students come up with," O'Mahony said.

Once in university, don't let the classroom be your only destination.

Ğlen Weppler, director of student community life at Rverson University, says Ryerson makes it a priority to offer students a wealth of extra-curricular options to expand themselves.

"Our goal is to encourage students to get involved," Weppler said.

Employers tend to look favourably upon leadership and real-world experiences so taking on some meaningful, classroom commitments can be powerful way to stand out from the crowd.

Since January 2009 at the University of Calgary, new students to the campus have had the option of having all their extra-curricular activities recog-

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"There are things you can do outside of class to develop skills, experience and expand your network but you can also build friendships .... you want to have a balanced approach to your student experience."

GLEN WEPPLER. RYERSON DIRECTOR OF STUDENT COMMUNITY LIFE

nized and tracked on an official co-curricular record.

The document includes activities verified by the university such as varsity clubs, student government volunteer activities and students can apply to have activities which aren't listed included as

The co-curricular record also tracks hours spent, making it an ideal way for employers to track a student's experience in a particular activity. "These sorts of things give stu-"These dents really practical skills they can bring to employ-ers," said UCal vice-provost of students Ann Tierney.

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	ILJ	140
I am feeling sad and depressed		
I am having difficulty sleeping		
I am feeling low in energy and slowed down		
My appetite has changed		
I am experiencing feelings of guilt		
I have lost interest in work and pleasurable activities		
I feel hopeless about the future		
I feel tense and anxious		
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# Cram-school dreams

# Once unknown town redraws lines of success in India

The teenage boy, with his gentle smile and scraggle of whiskers, stands in the fading light of the day and talks about the college entrance exam that he is certain will change his life.

His name is Vijay Singh. He has been studying since long before dawn, as he has done every day since he arrived in Kota, India, a low-slung city of high-school dreamers on the edge of India's northern deserts.

Three months ago he left home, effectively dropped out of high school and entered a highly competitive Kota cram school. For eight months he will study every morning, every night, every day of the week - for a six-hour test. If he does well, it will propel him up the Indian social ladder.

His target is the Joint Entrance Examination, a multiple-choice test that teases young Indians with the golden ticket of this country's educational system: acceptance to the impossibly exclusive Indian Institutes



of Technology.

Imagine the entire Ivy League distilled into one small network of colleges. Imagine tens of millions of parents dreaming from their children's birth about the joy of acceptance. Imagine if there was no reliable second tier of science-oriented schools. That is the

Every year, more than 450,000 students take the IIT exam, hoping for entry to the hallowed public engineering institutes scattered

across India.

Slightly more 13,000 passed in 2010, a three per cent success rate that makes Harvard, with its seven per cent acceptance, look like a safety

And for generations, there was little surprise about who got in.

But over the past two decades, cracks have developed in India's centuriesold social system, forced open by one of the world's strongest economies.

Today, in a country where 300 million people live on less than \$1 a day, the economy is growing at nearly nine per cent and the rich shop for Porsches and Louis Vuitton purses. The number of Indian millionaires jumped by 51 per cent last year, reaching more than 127,000.

A few dalits, as India's lowest-caste "untouchables" are now known, have reached corporate boardrooms

THE ASSOCIATED PRESS

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# Senators roll over Coyotes

Sergei Gonchar gets assist as team celebrates his 1,000th NHL game



Alex Kovalev scored twice and the Ottawa Senators celebrated defenceman Sergei Gonchar's 1,000th NHL game yesterday with just their third win of the season, 5-2 over the Phoenix Coyotes.

Gonchar played his first game on Feb. 7, 1995 as a member of the Washington Capitals, the team that drafted him and with whom he played 654 games. He played 15 for the Boston Bruins, 322 for Pittsburgh and the last



nine with the Senators. One of the highlights of his 1,000th game was a third-period assist on Daniel Alfredsson's power play goal as the Senators (3-5-1) had a two-man advantage. It also closed out the scoring

the scoring.

Prior to the game, Gonchar was presented with a silver stick, a portrait and a plaque.

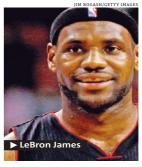
Kovalev scored his first two goals of the season and added an assist. He's now six points shy of 1,000 for his career.

His second goal of the

game came less than a minute after Keith Yandle had pulled the Coyotes (2-3-2) to within 3-2 seven minutes into the third period.

Erik Karlsson and Kovalev scored nine seconds apart in the first period to give the Senators a 2-0 lead. It was the fastest two goals in Senators history, breaking the old record of 10 seconds set Oct. 19, 1995 by Martin Straka and Antti Tormanen.

THE CANADIAN PRESS



#### Celtics prove that Heat are beatable

The Boston Celtics showed the NBA it can be done: Three stars, slapped together in the same summer, learning how to play together and winning a title on their first try.

Now they're showing LeBron James, Dwyane Wade and the Miami Heat that it's not so easy to do.

In what was being called the most anticipated regular-season game in NBA history, the league's newest superteam scored just nine points in the first quarter and lost 88-80 to Boston last night. In no quarter last season did the much less-talented Heat score so few points; nor did James and the Cleveland Cavaliers, for that matter.

It was only the first half of the first game, but it was an early reminder that paper talent doesn't always translate into a winning team, especially when superstars and their egos are involved.

James was a rare bright spot for Miami with 31 points. The other members off Miami's trio struggled, with Wade scoring 13 points and Chris Bosh adding eight points and eight rebounds.

THE ASSOCIATED PRESS

sports

Quoted



"There is sentiment among a substantial segment of the players to consider expanding the playoffs."

BASEBALL PLAYERS UNION HEAD MICHAEL WEINER, WHO SAID THE UNION IS OPEN TO ADDING MORE WILD-CARD TEAMS FOR 2012 AND POSSIBLY EXTENDING THE DIVISION SERIES TO A BEST-OF-SEVEN.



#### **EASTERN CONFERENCE**

	GP	w	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strl
d-Tampa Bay	8	5	2	1	0	27	27	11	2-1-1-0	3-1-0-0	5-2-1-0	L1
d-Toronto	8	5	2	1	0	23	19	11	3-1-1-0	2-1-0-0	5-2-1-0	W:
d-Pittsburgh	9	5	3	1	0	27	20	11	2-3-0-0	3-0-1-0	5-3-1-0	L:
Montreal	8	5	2	1	0	20	18	11	2-1-1-0	3-1-0-0	5-2-1-0	W
Washington	8	5	3	0	0	23	21	10	4-1-0-0	1-2-0-0	5-3-0-0	W:
NY Islanders	8	4	2	1	1	26	23	10	2-0-0-1	2-2-1-0	4-2-1-1	L:
NY Rangers	7	4	2	1	0	22	20	9	1-1-1-0	3-1-0-0	4-2-1-0	W3
Philadelphia	9	4	4	1	0	25	24	9	3-3-0-0	1-1-1-0	4-4-1-0	W:
Boston	6	4	2	0	0	18	11	8	1-2-0-0	3-0-0-0	4-2-0-0	L:
Carolina	7	4	3	0	0	21	21	8	1-0-0-0	3-3-0-0	4-3-0-0	W:
Atlanta	8	3	4	1	0	23	29	7	1-2-0-0	2-2-1-0	3-4-1-0	L3
Ottawa	9	3	5	1	0	21	28	7	2-2-0-0	1-3-1-0	3-5-1-0	W:
Buffalo	10	3	6	1	0	27	30	7	0-4-1-0	2-3-0-0	3-5-1-0	L1
Florida	7	3	4	0	0	18	15	6	2-1-0-0	1-3-0-0	3-4-0-0	L1
New Jersey	9	2	6	1	0	15	30	5	0-4-1-0	2-2-0-0	2-6-1-0	L

#### **WESTERN CONFERENCE**

	GP.	vv	_	OIL	JL	Or.	GM	PLS	Home	Avvay	rast To	Juk
d-Nashville	8	5	0	3	0	21	17	13	2-0-3-0	3-0-0-0	5-0-3-0	W2
d-Los Angeles	8	6	2	0	0	25	19	12	3-0-0-0	3-2-0-0	6-2-0-0	W2
d-Calgary	8	5	3	0	0	21	17	10	3-1-0-0	2-2-0-0	5-3-0-0	W2
Detroit	7	5	1	0	1	23	18	11	3-0-0-1	2-1-0-0	5-1-0-1	W4
Chicago	10	5	4	1	0	29	28	11	3-3-0-0	2-1-1-0	5-4-1-0	L2
Dallas	7	5	2	0	0	24	17	10	2-1-0-0	3-1-0-0	5-2-0-0	L1
St. Louis	7	4	1	1	1	19	14	10	4-0-0-0	0-1-1-1	4-1-1-1	W2
Columbus	8	5	3	0	0	20	22	10	3-2-0-0	2-1-0-0	5-3-0-0	W2
Colorado	8	4	4	0	0	25	29	8	1-2-0-0	3-2-0-0	4-4-0-0	L2
Minnesota	8	3	3	0	2	23	23	8	2-2-0-1	1-1-0-1	3-3-0-1	L2
Vancouver	8	3	3	0	2	20	21	8	3-0-0-1	0-3-0-1	3-3-0-2	W1
San Jose	7	3	3	1	0	19	21	7	1-2-0-0	2-1-1-0	3-3-1-0	L1
Phoenix	8	2	3	3	0	21	29	7	1-1-2-0	1-2-1-0	2-3-3-0	L3
Anaheim	9	3	5	0	1	21	33	7	2-0-0-1	1-5-0-0	3-5-0-1	L1
Edmonton	6	2	4	0	0	15	21	4	2-2-0-0	0-2-0-0	2-4-0-0	L4

d-division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results Toronto 3 Florida 1 Philadelphia 6 Buffalo 3 Ottawa 5 Phoenix 2 Edmonton at Calgary Anaheim at Dallas Colorado at Vancouver Monday's results Montreal 3 Phoenix 2 (OT)

Los Angeles 3 Minnesota 2 (SO)
Tonight's games
(All times Eastern) Atlanta at N.Y. Rangers, 7 p.m. Washington at Carolina, 7 p.m. N.Y. Islanders at Montreal, 7:30 p.m. Pittsburgh at Tampa Bay, 7:30 p.m. Los Angeles at Chicago, 8:30 p.m.

#### Columbus 2 Philadelphia 1 LEAFS 3. PANTHERS 1

4:25, Wideman Fla (holding) 18:36.

2. Florida, Wideman 2 (McCabe, Weiss) 14:27

Penalties — Zigomanis Tor (hooking) 8:14 Bozak Tor (tripping) 13:49, Frolik Fla (hooking) Bozak Tor (tripping) 13:49, Frolik Fla (hoo 19:04. Third Period 3. Toronto, Orr 2 (Brent, Sjostrom) 11:02 4. Toronto, Kessel 7 17:36 Penalties — None. Shots on goal by

Florida

Toronto 8 8 11 2

Goal — Florida: Clemmensen (L,0-1-0), Toronto: Giguere (W,4-1-1). Power plays (goalschances) — Florida; 1-3 Toronto 1-2. Att. - 19,239 at Toronto

#### **SENATORS 5, COYOTES 2** First Period 1. Ottawa, Karlsson 2 (Fisher, Alfredsson) 5:27 (pp)

2. Ottawa, Kovalev 1 (Regin, Foligno) 5:36 3. Ottawa, Kelly 2 (Neil) 14:45 Penalties — Doan Pho (slashing) 4:15, Win-

chester Ott (goaltender interference) 8:13.

Second Period A. Phoenix, Lepisto 1 (Whitney, Belanger) 4:15

Penalties — Kelly Ott (holding) 7:05, Hale Ott (tripping) 9:48, Fiddler Pho (slashing) 13:13, Gonchar Ott (hooking) 13:44.

5. Phoenix, Yandle 1 (Pyatt, Stempniak) 6:58 6. Ottawa, Kovalev 2 (Regin, Campoli) 7:46 7. Ottawa, Alfredsson 5 (Kovalev, Gonchar) 15:44 (pp)

New Jersey at San Jose, 10:30 p.m. Penalties — Michalek Ott (tripping):15, Jovanovski Pho (interference) 4:32, Aucoin Pho (holding) 14:49, Korpikoski (hooking) 15:02, Carkner Ott (cross checking) 18:49, Phillips

carrier occ (cross crice				
Ott (high sticking) 19:5	3			
Shots on goal by				
Phoenix	8	11	11	3
Ottawa	20	5	11	3
Goal (shots-saves) — P	hoenix	LaB	arbera	: (L,(
2-0)(20-17), Bryzgalov	(start	of th	ird)(16	-14)
Ottawa: Flliott: (3-3-0)				

Power plays (goals-chances) - Phoenix: 0-7; Att. — 16.686 (19.153) at Ottawa

#### SCORING LEADERS

	G	A	PI
Stamkos, TB	8	7	15
Sharp, Chi	8	3	11
Hossa, Chi	7	4	11
D.Sedin, Vcr	7	4	11
Crosby, Pgh	6	5	11
Getzlaf, Ana	3	8	11
C.Stewart, Col	5	5	10
Zetterberg, Det	3	7	10
B.Richards, Dal	2	8	10
Liles, Col	0	10	10
H.Sedin, Vcr	0	10	10
Horton, Bos	5	4	9
Roy, Buf	5	4	9
P.Stastny, Col	4	5	9
Cullen, Minn	3	6	9
St. Louis, TB	3	6	9
Bertuzzi, Det	2	7	9
M.Koivu, Minn	2	7	9
Kessel, Tor	6	2	8
MacArthur, Tor	6	2	8
Kostitsyn, Mtl	5	3	8
Semin, Wash	5	3	8
Alfredsson, Ott	4	4	8
Neal, Dal	4	4	8
Ovechkin, Wash	4	4	8
Selanne, Ana	4	4	8
Not including last night's gan	nes		

#### TRANSACTIONS

#### **BASEBALL**

#### AMERICAN LEAGUE

CHICAGO WHITE SOX—Exercised their 2011 contract options on C Ramon Castro and LHP Matt Thornton. Released RHP Carlos Torres. NATIONAL LEAGUE

ARIZONA DIAMONDBACKS—Named Alan Trammell bench coach, Don Baylor hitting coach, Eric Young first-base coach and Charles Nagy pitching coach.

#### BASKETBALL

MILWAUKEE BUCKS—Exercised the contract option on general manager John Hammond and signed coach Scott Skiles through the

#### **FOOTBALL**

LEAGUE OFFICE—Fined Minnesota coach Brad Childress \$35,000 for criticizing officials and

Childress \$35,000 for criticizing officials and disclosing confidential conversations with the officiating department.
CINCINNATI BENGALS—Placed CB Adam "Pacmam" Jones on injured reserve. Signed TE J.P. Foschi. Waived TE Daniel Coats.
CLEYLE AND BROWNS—Waived RB James Davis and WR Yamon Figurs. Claimed RB Thomas Clayton off waivers from New England. Signed WR Demetrius Williams.
DENVER BRONCOS—Signed DT Le Kevin Smith.

JACKSONVILLE JAGUARS—Placed OT Eben Britton on injured reserve, signed OT Erik

NEW YORK JETS—Signed LB Josh Mauga from the practice squad, Waived DT Ho Green. Signed LB Kenwin Cummings to the

SEATTLE SEAHAWKS—Signed RB Quinton Ganther. Released LB Chris McCoy from the practice squad. Signed OT Breno Giacomini and RB Chris Henry to the practice squad.

WINNIPEG BLUE BOMBERS—Added QB Justin Goltz to the practice roster.

ATLANTA THRASHERS—Assigned G Ondrej Pavelec to Chicago (AHL) for conditioning. R called D Noah Welch and G Peter Mannino from Chicago

from Chicago. BUFFALO SABRES—Called up F Luke Adam from Portland (AHL). CAROLINA HURRICANES—Recalled F Jiri

Tlusty from Charlotte (AHL).
COLUMBUS BLUE JACKETS—Assigned D Nate
Guenin to Springfield (AHL).
MONTREAL CANADIENS—Assigned F Dany
Masse from Hamilton (AHL) to Wheeling (ECHL).

TAMPA BAY LIGHTNING—Recalled F Blair Jones from Norfolk (AHL). WASHINGTON CAPITALS—Recalled D Brian Fahey from Hershey (AHL).

#### AHL

MILWAUKEE ADMIRALS—Announced G Chet Pickard has been reassigned to Cincinnati (ECHL) and G Jeremy Smith has been recalled from Cincinnati. SYRACUSE CRUNCH—Signed F Gabe Gauthier.

IDAHO STEELHEADS—Traded D Lane Caffaro to Ontario for future considerations.

UTAH GRIZZLIES—Acquired D Nick Tuzzolino from Wheeling for future considerations

#### SOCCER

COLUMBUS CREW—Signed G Chase Harrison.

#### **WEEK 18**

EAST DIVISIO	N						
	GP	W	L	т	PF	PA	1
y-Montreal	16	11	5	0	480	415	2
x-Hamilton	16	9	7	0	436	372	1
x-Toronto	16	8	8	0	313	401	1
Winnipeg	16	4	12	0	419	434	
WEST DIVISION	NC						
	GP	W	L	Т	PF	PΑ	I

16 11 5 0 536 403 22 16 9 7 0 449 442 18 16 6 10 0 343 501 12 16 6 10 0 420 428 12 y-Calgary x-Saskatchewan Edmonton x — clinched playoff berth.

clinched division title

Friday's games (All times Eastern) Montreal at Toronto, 7 p.m. Hamilton at Calgary, 10 p.m.

Saturday's game Winnipeg at Edmonton, 7 p.m. Innipeg at Lamon..., Inday's game askatchewan at B.C., 5 p.m.

#### SCORING LEADERS

	TD	C	FG	S	P
Maver, Cal	0	60	31	3	15
McCallum, BC	0	29	40	6	15
Duval, Mtl	0	37	30	12	13
DeAngelis, Ham	0	39	31	3	13
Congi, Sask	0	41	26	2	12
Prefontaine, Edm-To	or 0	28	24	8	10
Cates, Sask	15	0	0	0	9
Shaw, Tor	0	18	19	6	8
Palardy, Ham-Wpg	0	18	16	7	7
T.Edwards, Wpg	12	0	0	0	7
Bryant, Cal	11	0	0	0	6
x-Cobb, Ham	10	2	0	0	6
x-Green, MtI	10	2	0	0	6
Lewis, Cal	9	0	0	0	5
Robertson, BC	9	0	0	0	5
Bruce, Ham	8	0	0	0	4
Serna, Wpg	0	20	8	4	4
x-Richardson, MtI	7	2	0	0	4
Boyd, Tor	7	0	0	0	4

#### SOCCER

#### **MLS PLAYOFFS**

#### **SEMIFINALS**

EASTERN CONFERENCE (All times Eastern) New York vs. San Jose

Saturday's game First Leg New York at San Jose, 10 p.m. Columbus vs. Colorado Tomorrow's game First Leg

WESTERN CONFERENCE

Sunday s Sunfirst Leg

Angeles at Seattle, 8 p.m.
C Dallas Los Angeles at Seattle, 8 p.m. Real Salt Lake vs. FC Dallas Saturdays' game First Leg Real Salt Lake at Dallas, 5 p.m.

#### **ENGLAND**

#### **LEAGUE CUP**

Fourth Round
Yesterday's results
Birmingham 1, Brentford 1 (Birmingham advances 4-3 on penalty shootout)
Ipswich 3, Northampton 1
Leicester 1, West Bromwich Albion 4
Manchester United 3, Wolverhampton 2
Wigan 2, Swansea 0

#### **SCOTLAND**

#### LEAGUE CUP

**Quarter-final Yesterday's results** Aberdeen 2, Falkirk 1 Motherwell 1, Dundee United 0

#### **NBA**

#### **EASTERN CONFERENCE**

ATLANTIC DIVISION

	w	L	Pct	GB
Boston	1	0	1.000	_
New Jersey	0	0	.000	1/2
New York	0	0	.000	1/2
Philadelphia	0	0	.000	1/2
Toronto	0	0	.000	1/2
SOUTHEAST DI	VISION			
	W	L	Pct	GB
Atlanta	0	0	.000	_
Charlotte	0	0	.000	_
Orlando	0	0	.000	_
Washington	0	0	.000	_
Miami	0	1	.000	1/2
<b>CENTRAL DIVIS</b>	ION			
	W	L	Pct	GB
Chicago	0	0	.000	_
Cleveland	0	0	.000	_
Detroit	0	0	.000	_
Indiana	0	0	.000	_
Milwaukee	0	0	.000	_
WESTERN CO	NFER	EN	CE	

SOUTHWEST D	IVISIO	V		
	W	L	Pct	GB
Dallas	0	0	.000	_
Houston	0	0	.000	_
Memphis	0	0	.000	_
New Orleans	0	0	.000	_
San Antonio	0	0	.000	_
NORTHWEST D	DIVISIO	N		
	W	L	Pct	GB
Denver	0	0	.000	_
Minnesota	0	0	.000	_
Oklahoma City	0	0	.000	_
Portland	0	0	.000	_
Utah	0	0	.000	_
PACIFIC DIVISI	ON			
	W	L	Pct	GB
Golden State	0	0	000	_

Houston at L.A. Lakers

#### Tonight's games (All times Eastern)

Boston at Cleveland, 7 p.m. Detroit at New Jersey, 7 p.m. Miami at Philadelphia 7 p.m. Miami at Philadelphia, 7 p.m. New York at Toronto, 7 p.m. Atlanta at Memphis, 8 p.m. Sacramento at Minnesota, 8 p.m. Milwaukee at New Orleans, 8 p.m. Chicago at Oklahoma City, 8 p.m. Charlotte at Dallas, 8:30 p.m. Indiana at San Antonio, 8:30 p.m. Indiana at San Antonio, 8:30 p.m. Utah at Denver, 9 p.m. Houston at Golden State, 10:30 p.m.

Portland at L.A. Clippers, 10:30 p.m.

Tomorrow's games Washington at Orlando, 8 p.m. Phoenix at Utah, 10:30 p.m.

#### **MLB**

x - if necessary

#### **2010 POSTSEASON**

#### WORLD SERIES

(All times Eastern)
Tonight's game
Texas (Lee 12-9) at San Francisco (Lincecum 16-10), 7:57 p.m. Tomorrow's game

Texas (Wilson 15-8) at San Francisco (Cain 13-

Taxas (Vensor 2 v , 2-1-1 11), 7:57 p.m. Saturday's game San Francisco (Sanchez 13-9) at Texas (Lewis 12-13), 6:57 p.m.

Sunday's game
San Francisco (Bumgarner 7-6) at Texas
(Hunter 13-4), 8:20 p.m. Monday, Nov. 1 x-San Francisco at Texas, 7:57 p.m.

#### **NFL**

AMERICAI	A CC	INC	FER	RENC	E	
EAST						
	W	L	Т	Pct	PF	PA
N.Y. Jets	5	1	0	.833	159	101
New England	5	1	0	.833	177	136
Miami	3	3	0	.500	111	135
Buffalo	0	6	0	.000	121	198
SOUTH						
	W	L	Т	Pct	PF	PA
Tennessee	5	2	0	.714	199	117
Houston	4	2	0	.667	153	167
Indianapolis	4	2	0	.667	163	125
Jacksonville	3	4	0	.429	130	209
NORTH						
	W	L	T	Pct	PF	PA
Pittsburgh	5	1	0	.833	137	82
Baltimore	5	2	0	.714	149	129
Cincinnati	2	4	0	.333	132	141
Cleveland	2	5	0	.286	118	142
WEST						
	W	L	Т	Pct	PF	PA
Kansas City	4	2	0	.667	150	112
Oakland	3	4	0	.429	179	165
San Diego	2	5	0	.286	177	149
Denver	2	5	0	.286	138	199
NATIONAL	CO	NFI	FRE	NCF		

NATIONAL	. CO	NFI	ERE	NCE		
EAST						
N.Y. Giants Washington Philadelphia Dallas	<b>W</b> 5 4 4 1	L 2 3 3	<b>T</b> 0 0 0	Pct .714 .571 .571 .167	PF 175 130 172 137	PA 153 133 157 152
SOUTH						
Atlanta Tampa Bay New Orleans Carolina NORTH Chicago Green Bay Minnesota Detroit	W 5 4 4 1 1 W 4 4 2 1	L 2 2 3 5 L 3 3 4 5	T 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Pct .714 .667 .571 .167 Pct .571 .333 .167	PF 169 98 147 75 PF 126 167 111 146	PA 133 128 138 130 PA 114 136 116 140
WEST	_	_		.107	140	140
Seattle Arizona	<b>W</b> 4 3	L 2 3	T 0 0	Pct .667 .500	PF 120 98	PA 107 160
St. Louis San Francisco	3 1	4 6	0	.429 .143	120 113	131 162

#### WEEK 7

Byes: Detroit, Houston, Indianapolis, N.Y. Jets Monday's result N.Y. Giants 41 Dallas 35

#### Sunday's results

Atlanta 39 Cincinnati 32 Baltimore 37 Buffalo 34 (OT) Carolina 23 San Francisco 20 Cleveland 30 New Orleans 17 Cleveland 30 New Orleans 17 Kansas City 42 Jacksonville 20 New England 23 San Diego 20 Oakland 59 Denver 14 Pittsburgh 23 Miami 22 Seattle 22 Arizona 10 Tampa Bay 18 St. Louis 17 Tennessee 37 Philadelphia 19 Washington 17 Chicago 14 Green Bay 28 Minnesota 24

#### WFFK 8

Byes: N.Y. Giants, Philadelphia, Chicago, Atlanta, Baltimore, Cleveland

#### Sunday's games

Denver vs. San Francisco at London, 1 p.m. Washington at Detroit, 1 p.m Buffalo at Kansas City, 1 p.m. Carolina at St. Louis, 1 p.m. Carolina at St. Louis, 1 p.m.
Miami at Cincinnati, 1 p.m.
Jacksonville at Dallas, 1 p.m.
Green Bay at N.Y. Jets, 1 p.m.
Tennessee at San Diego, 4:05 p.m.
Minnesota at New England, 4:15 p.m.
Seattle at Oakland, 4:15 p.m.
Tampa Bay at Arizona, 4:15 p.m. Pittsburgh at New Orleans, 8:20 p.m. Monday, Nov. 1

Houston at Indianapolis, 8:30 p.m.

# NOT JUST A CLUB, IT'S THE CLUB.



IOIN CLUB METRO TODAY! CLUBMETRO.COM

Chevy makes a big small-car move with Cruze, its quietest compact ever
 ▶ Roomier than its predecessor, it offers a big-car feel on the road



# Chevy Cruze is made for cruising

I'm a little worried about the spelling department over at GM. Who author-



ized Cruze over Cruise? But I'm not going to let it get me down, because this is a great little car. Well, actually, not so little...

Cruze is one of the bigger "compact" contenders, a segment that includes Toyota Corolla, Honda Civic and Ford Focus.

Not only is it way roomi-

er inside than its predecessor (Chevrolet Cobalt), its demeanor is more like that of a larger and more upscale vessel.

All this became apparent moments after we drove off with this Cruze LTZ test vehicle

The top-shelf LTZ model lists for \$24,780 and is packing all the goodies in the Cruze catalogue, such as sport suspension, remote starter, Bluetooth, On Star with "directions and connections," USB port, 17-inch wheels and

nine-speaker stereo.

But even the base LS (\$14,995) has lots of standard kit: 6-speed manual transmission, stability and traction control, ABS, power windows and locks, and 10 air bear (but no ale)

10 air bags (but no a/c).
Only LS models feature the 136-hp 1.8-litre I4 engine. LT, LTZ and an upcoming super-efficient Eco model, feature a nifty and all-new turbo 1.4-litre I4, with variable valve timing and variable flow oil pump, producing 138 hp and 148 lb-ft of torque.

(Unlike Ford, GM's new turbo does not feature direct injection.)

A big console separates the two front seats to impart a "twin cockpit"

The two-tone leather seats hug your butt in good way, the leather-wrapped steering wheel is irresistible to fondle, and the burnished aluminum trim throughout the interior is easy on the eyes.

And things are refined and quiet. The new electric speed-sensitive steering

#### **Multi-cultural**

Cruze may be brand new to North America, but it is a well-traveled citizen of the world.

- Currently sold in more than 60 countries, it is easily Chevrolet's best-selling nameplate globally.
- It's manufactured in the U.S., China, India, Russia, South Korea and Kazakhstan.
- The architecture (Delta II) under Cruze was developed by GM's Korean arm, Daewoo, with refinement by its European arm. Opel.
- The Korean version of Cruze (called Lacetti) actually hit the streets back in 2009, while the Europeanmarket Cruze and its Opel equivalent (Astra) hit the streets in 2009.

system has a "natural" feel, and combined with a taut chassis, the Cruze is, well, made for cruising.

The only dissenting thoughts are that the Cruze could have been a bit more visually arresting and given us more back-seat knee room.



#### **Up and down**

Re-Dymaxion Architect Norman Foster has recreated the historic threewheeler Dymaxion designed by his mentor, Buckminster Fuller.





BMW drivers
BMW drivers are the
most likely to be obnoxious on the road,
according to a
gocompare.com survey of 3,000
motorists. METRO







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2011 Jeep Grand Cherokee Laredo shown





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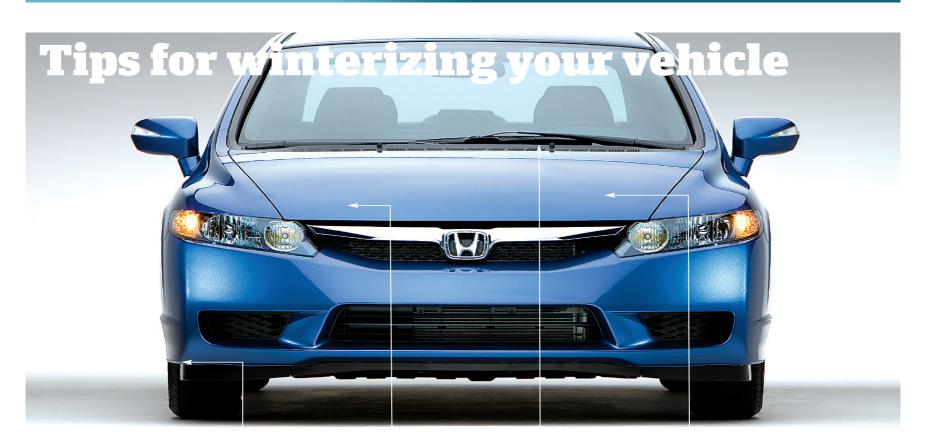
Jeep







metr@drive metronews.ca WEDNESDAY, OCTOBER 27, 2010



With summer in the rearview mirror and Jack Frost knocking at the door, it's time to think about winterizing your car-fore you see the first snowflakes falling. Here are some winterizing tips from Bill Hume, vice-president of Hankook Tire Canada, and Henry Blumenthal, chief underwriter with TD Insurance.

#### Invest in winter tires.

Consider investing in winter tires or replacing your all-seasons. Worn, bald or badly aligned or balanced tires can mean accidents on ice, rain or snow, says Blumenthal. By paying just a few more dollars. you will be saving in the long term. In addition, winter tires are mandatory in some provinces.

**Change your oil.** The change in seasonal temperatures may also dictate changing to a thinner viscosity engine oil to more efficiently lubricate moving parts in colder conditions, says Hume. Check your car's owner manual for fluid recommendations.

**Check your wiper blades.** Typically winter means reduced visibility, says Blumenthal. Check your wiper blades and invest in winter windshield washer fluid — it won't freeze when you need it the most.

#### Check your battery.

With cold weather comes increased power demands: defrosters, windshield wipers and heating systems can really take a toll on your car battery, says Hume. If you notice that your vehicle's headlights get brighter once you start the engine, more extensive battery tests may be needed.

#### A few more tips:

35

- Blumenthal: Pack an emergency kit for your trunk, including items you would need if you were stranded, such as blankets, candles and a first-aid kit.
- Hume: Stay alert, slow down and stay in control - the three key elements of safe winter driving.

#### **Inflate** your tires properly

NEWS CANADA

Make sure your tires are properly inflated before the snow flies or you could

find yourself needing a tow truck, or worse, an ambulance.

Here are a few tips from Transport Canada to maintain proper winter tire inflation:

• Measure your tire inflation at least once a month

• Measure the pressure when the tires are cold (after two hours of non-use or less than two kilometres of driving). Tires lose pressure when the air temperature gets colder.

• Inflate your tires to

match the recommended pressures printed on the label inside your vehicle or in those printed in your owner's manual.

· Use a high quality gauge such as those sold at automotive supply stores.

Underinflation

creases rolling resistance, which reduces tread life and increases fuel consumption. It can also lead to sudden tire failure. Without enough air, the sides of a tire bend and flex too much. This builds up heat, which can cause

serious damage.

Transport Canada has posted these and plenty of other tire maintenance tips on its website: tc.gc.ca/roadsafety/tp/tp28 23/inflating.htm



# TRIED AND TRUE TIPS AS FALL FREEZES OVER



around things Halloween time. Witches. warlocks, werewolves, and, worst of all, vehicles of those who are oblivious to the pending doom of winter. You can only shudder, and pray for their survival.

But it doesn't have to be that way. With a little foresight, your vehicle can stride into frigid climes confidence with and strength, like Lady Gaga heading into an audition for You Think You Can Dance?

Since most motorists are more than familiar with the items on our win-

them here only in the spirit of a gentle reminder. When the temperature drops a bit more, we'll bring out the cattle prod.

**Under body oil spraying** As pleasurable as this may sound to have done to your own body, do not accompany your vehicle into the spray booth — it distracts the technicians.

#### Wiper health

Based on a representative agreement for financ \$250.00 and total obligation is \$15,000. ‡Offer a

GRADUATE

Your wipers get over-worked in winter, and are often the only things keeping youn on the road and not in the ditch. Get new ones, preferably heavier ones designed for winter.



**Battery health** 

Your battery also tends to get overworked in winter. If it's more than four years old, it should be checked, and by that we mean, "load tested" by a technician.

#### Wiper fluid

Obviously you need lots of

this stuff, and in a winter which blend, doesn't Canadian Club freeze. doesn't freeze either, but it's a poor, and expensive substitute. Spit is even more useless.

Engine coolent flush and re-

Modern coolants last years longer than their predecessors, so you don't need to have this done every fall or winter, but at least have it checked for strength, cleanliness, and level. (I'm too close to a colonoscopy appointment to consider making light of anything

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to do with flushing.)

#### Find the ice scraper

If you can't remember where you put your where you put your scraper last spring, get a new one right away. You'll need it sooner than you think. Once Halloween is past, winter can come fast.



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# Nissan's toughest truck

Last-generation Pathfinder offered reliable capability Truck owners enjoyed power, comfort and style

#### **SECOND** GEAR

JUSTIN PRITCHARD DRIVE@METRONEWS.CA

Combining decades of 4x4 truck expertise, real-world capability and a luxurious and refined ride, the lastgeneration Nissan Pathfinder was popular with Canadian families as an SUV that wasn't afraid to roll up its sleeves and get dirty.

On sale from 1996 until 2004, the last-generation Pathfinder was eventually replaced for the 2005 model year. In 2001, Nissan updated and facelifted their ute, adding new styling cues and power from a new engine.

The post-2001 Pathfinder will be the main focus of this review-- though much of the information

#### The specs

- MODEL 1996 to 2004 Nissan Pathfinder
- **VEHICLE TYPE** 4x4 SUV APPROXIMATE USED PRICE RANGE \$2,000 to

applies to all models.

Pathfinders built after 2001 got between 240 and 250 horsepower from a 3.5 litre V6 which is highly acclaimed in the owners community. Most say the engine is plenty peppy, comfortable towing, and relatively decent on fuel, too. Transmission choices included a four-speed automatic or a five-speed manual, and a low-range equipped 4WD system with either push-button or lever-actuation was standard. Note that the manual transmission was eventually discontinued

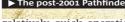
#### What owners like

What owners hate Common last-generation Pathfinder complaints tend to centre around limited head and legroom, and a 'slippery' rear-end in two-wheel drive on wet or snowy surfaces. Finally, numerous owners gripe about having to feed their Pathfinders pricier premium fuel.

#### Common issues

On a test-drive, be sure to scrutinize the condition of the used Pathfinder candidate's leather seating (if equipped) for rips and tears. Ensure proper and

Last-generation Pathfinder owners typically rave about the looks, power, ride quality and comfort levels of their machines. Off-road prowess, noise levels and overall driving confidence are highly rat-



relatively quick operation of all power windows, the CD player, and especially, the CD changer on higherend models. Be certain the instruments

all illuminate and function properly, and the air conditioning blows cold within a few moments of being turned on.

Be sure the 4x4 system's various modes can be easily engaged and disengaged as explained in the owner's manual, too

Have the underside of your used Pathfinder candidate inspected exhaustively for any signs of excessive rust, dents, offroad damage, leaks or holes. Differentials and axles should be inspected visually, as should brake lines, fuel lines and suspension components. If the Pathfinder you're considering was formerly offroaded carelessly

neglected, this is the time to check for potential problems.

#### The verdict

A clean and well cared-for Pathfinder should prove a rewarding driving ma-chine both on the road and off. Shoppers who find their ideal Pathfinder candidate will likely join a happy and proud commu-nity of Nissan truck own-



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15

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59

5 Tavern

#### Crossword

- 1 Craze
- 4 Touch
- 8 Exposed 12 Call — day
- 13 Legal worker, for
- short
- 14 Grad 15 Doughnut shop
- qty.
- 16 Steakhouse entrees
- 18 Last letter
- 20 Wapiti
- 21 Historic times
- 24 Doc 28 Workplace for TV's
- Det. Mac Taylor
- 32 Puerto -
- 33 Old nuke org. 34 "Mean Girls" ac-
- tress
- 36 Put on
- 37 Bridge coup 39 Central or Moun-
- tain, e.g. 41 Church council
- 43 Contemptible
- 44 Floral garland
- 46 Hold 'Em
- 50 Paperback Western, often
- 55 Trench
- 56 Mid-month date
- 57 Greet silently
- 58 Took a meal
- 59 Admonisher's word
- 60 Scored 100 on 61 — Kippur

- 3 Stun
- 4 Garb

- Down 1 Loyal pooch
- 2 Teensy bit

16

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61

▶ Yesterday's answer

20

- 6 Swiss canton 7 Domesticated
- 8 Popular game show
- host Bob
- 9 Foreman foe 10 Massage
- 11 Type squares 17 Freddy Krueger's
- street
- 22 Oodles
- 23 Master, in old India 25 Queen of Carthage
- 26 PC picture 27 Scoop holder
- 28 Mama Elliot 29 Depend (on)

#### – see clearly now. 30 "

- - 31 Crimson Tide 35 Got snug and cozy

60

- 38 Harass
- 40 Last lette
- 42 Hideaway 45 Corn Belt state
- 47 MRI forerunner 48 Car
- 49 Rose feature
- 50 Accomplished 51 Altar affirmative
- 52 Chaps 53 Carpet cleaner, for
- short

#### 54 Cain's mom

#### Sudoku

2			4					
4		3		6	2			1
	6	9	8					
						3	1	
1		2				9		8
	5	8						
					8	7	9	
9			5	7		1		2
					6			5

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

_								
5	6	2	1	3	9	4	7	8
7	3	4	2	6	8	5	9	1
9	1	8	4	5	7	3	2	6
1	4	7	8	2	3	6	5	9
8	5	6	9	7	4	1	3	2
2	9	3	5	1	6	8	4	7
3	8	5	6	9	2	7	1	4
4	7	9	3	8	1	2	6	5
6	2	1	7	4	5	9	8	3

**Caption contest** 

# Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Pee Wee. Wishing you a Very Happy Birthday on Oct 27th. You are the apple of my life, and the sunshine in my smile. You're the BEST daughter a Mom could ask for. Loving you forever and MOM

Kitten breath, Love you babe from puppy face.

Oh please stay with me Diana! My heart is filled with recent Mexico memories & you always deliver the parts to my heart! Let's continue to travel down the UofA -LRT road together. I know I like to stir the pot. I'm pretty sure you are the only one that will have me. At least that is what my friends at Timmies tell me! Let me buy you that beautiful diamond ring. I promise to be good.

LOVE, YOUR GRANTY WAANTY!

#### Today







PROUD TO BE ONE OF CANADA'S 50 BEST MANAGED COMPANIES.

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"Is that you

Gulliver?'

VADIM GHIRDA/THE ASSOCIATED PRESS

#### Today's horoscope

#### T Aries March 21-April 20

With Saturn moving slowly but relentlessly through the partnership area of your chart you must expect the occasional clash of egos. Think of it as a test to see how you react.

¥ Taurus April 21-May 21 You may feel a bit run down today but that is to be expected seeing as how hard you have been pushing yourself in recent weeks. Maybe it would be wise to cut back on your commitments a bit.

**Ⅱ Gemini** May 22-June 21 A creative activity has ground to a halt and no matter how hard you try you can't seem to get it

and leave it for a while. Maybe

it's just that you're overtaxed.

moving again. Take the hint

Gancer June 22-July 22 Forget about personal issues

today and focus on your material situation. Are you earning enough money? Are you happy with what you possess? If not it may be time for a change of direction. What can you do to kick-start your career?

plans may be disrupted today, so don't promise others that a certain time because it may not be possible.

TV Virgo Aug. 24- Sept. 22 Has your golden touch deserted you? Maybe it has, for a while, because luck, like everything ring phases

you will be at a certain place at

but don't make a big issue of it else in life, goes through recur-

For today's crossword answers and for expanded horoscopes, go to metronews.ca

have been times of late when you felt a bit lost, as if you were not quite sure where you belonged. Saturn in your sign is certainly taking away some of your anchors but your foundations are still strong.

M Scorpio oct. 24-Nov. 22 You have a tendency to fear the worst and with Saturn moving through the most sensitive area of your chart your anxieties have a mind of their own.

#### 

Nov. 23-Dec. 21 It may seem as if someone has turned against you but don't be too sure. According to the planets they are still as loval as ever but they need to juggle their commitments.

り Capricorn Dec. 22-Jan. 20 No one does tough as well as Capricorn and cosmic activity in the career area of your chart means you'll get both jeers and cheers over the next 24

Aquarius Jan. 21-Feb. 18 All your doubts and fears will be swept away when Mars moves into one of the more positive areas of your chart One particular friend will inspire you to be amazing.

⊢ Pisces Feb. 19-March 20 Don't give away too many secrets. You may like to gossip

but if you say too much about other people today you may accidentally say too much about yourself as well. SALLY BROMPTON

You WIN! write it! Write a funny cap

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's





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# NOVEMBER CLASSES SEATS STILL AVAILABLE!

#### Paralegal next class start Nov 15

#### **Program Objective**

Paralegal has become a regulated profession in Ontario as of May 1, 2007. To legally practice as an independent paralegal in Ontario, a person must be licensed by the Law Society of Upper Canada.

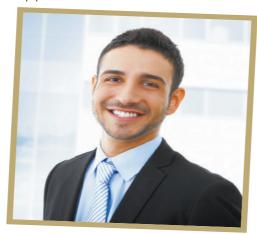
To obtain a license, a person must graduate from a program accredited by the Law Society, pass a licensing examination and be of good character. The Paralegal program of Algonquin Careers Academy is **accredited by The Law Society of Upper Canada.** 

The objective of this program is to provide you with "hands-on" training in the key areas of paralegal work and to prepare you to successfully challenge the licensing exam. As a successful graduate you will have the knowledge and skills to enter into any Tribunal, Small Claims Court or Traffic Court, and be able to deal with every eventuality that may arise.

This 44 week diploma program includes an 4 week co-op placement.

#### Legal subject matter covered includes:

- Canadian Legal System
- Legal Research
- Evidence and the Litigation Process
- Torts and Contracts
- Employment Law
- Criminal Summary Conviction Procedure
- Provincial Offences/ Motor Vehicle Law
- Dispute Resolution and Mediation
- Advocacy and Moot Court
- Tribunal Practice and Procedure
- Immigration Law
- Residential Landlord and Tenant Law
- Ethics and Professional Responsibility



#### Pharmacy Technician Wait list only! Call for options.

#### **Program Objective**

The Health Systems Improvement Act, 2007 enables the regulation of Pharmacy Technicians in Ontario. In order to practice as a Pharmacy Technician, a person must be registered with the Ontario College of Pharmacists.

Registration requirements will require a person to graduate from a program that has been accredited by the Canadian Council for Accreditation of Pharmacy Programs (CCAPP).

The Pharmacy Technician program of Algonquin Careers Academy is accredited by CCAPP,

The Pharmacy Technician diploma program is designed to prepare you for a challenging career in a Community/Retail Pharmacy, Hospital Pharmacy, Manufacturing Facility or Long-Term Care Facility.

This 40 week diploma program includes an 8 week co-op placement.

#### Pharmacy subject matter covered includes:

- Pharmacy Fundamentals
- Pharmacy Math
- Anatomy and Physiology
- Pharmacology
- Compounding
- Sterile Techniques
- Pharmacy Software
- Systems and Procedures-Community Pharmacy
- Systems and Procedures-Hospital Pharmacy



#### Personal Support Worker

next class start Nov 8

"Knowing that you are making a difference" to people who need you is what makes this career choice very rewarding. Graduates of the Personal Support Worker Diploma Program are prepared to pursue a career in the traditional nursing assistant role in health care environments such as nursing homes, retirement residences, hospitals, hospices, and with health care service organizations.

This 24 week program includes 11 weeks of clinical placement.

#### Medical (Dental) Office Assistant next class start Nov 22

Do you like working with people? The Medical Office Assistant program is designed to provide you with the medical, clerical, and communication skills necessary to start a career as a member of the health care team in a medical or dental office.

This course is a 30 week diploma program and includes a 4 week co-op placement.

# Fitness & Health Promotion next class start Nov 22



This program is designed to prepare you to plan, market, and deliver safe and effective fitness, wellness and healthy lifestyle programs. You will develop current, practical knowledge and skills in such areas as the development, implementation and evaluation of fitness and wellness programs, health promotion, lifestyle management, fitness assessments, leadership, safety and injury management.

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next class start Nov 8

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This program focuses on three key elements: understanding the theoretical principles of accounting and payroll, practice the practical "hands on" skills required to do the job and mastering the communication skills needed to work in an office environment. You will have the necessary skills to enter into the workforce and maintain a complete set of books, both manually and with computerized systems.

This is a 33 week program.

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